



Introduction

The Family study program is the community based learning component in undergraduate medical curriculum of the Faculty of Medicine and Allied Sciences, Rajarata University of Sri Lanka. In this program, a selected family residing in the field practice area of FMAS is allocated to a group of 5-6 students. During a period of 12 months, students engage in promotion of health of these families using a systematic approach. This program provides an opportunity for students to observe an individual's health within the context of his/her family and community. Students promote primordial, primary, secondary and tertiary prevention of health conditions of family members, taking into account the socio-cultural factors that prevail in their natural environment. These activities include direct application of the knowledge gain through different subject areas and development of skills such as communication, counseling, problem solving, health planning, team work and leadership, which will improve their competency as a health professional.

Objectives

1. Identify health conditions in family members, assess causation, complications, impact of the identified conditions and implement management and prevention strategies for them.
2. Identify health conditions a particular family member is at risk of getting and implement preventive measures and preparations for early identification and management if they occur
3. Develop health promotion interventions based on identified priority health needs of each family member at individual and family level.
4. Critically reflect on the contribution and capability of healthcare systems in the country and assist the family to optimize the appropriate service utilization of the health systems in the country.
5. Develop socio emotional skills, information technology skills, professional and lifelong learning skills in (related to) providing health care.